



Please complete and if possible return prior to your first appointment to [gaitumes@gmail.com](mailto:gaitumes@gmail.com). If unable to return prior then please print and bring the form with you to your first appointment

PERSONAL DETAILS:			
Name:		Date:	
Address:		Postcode:	
PHONE: Home	Work	Mobile	
Email:			
Marital Status:		How did you hear about us?	
Have you liked us on Facebook? If not please do 😊			
NDIS YES / NO	ID No.	LAA Member	YES / NO

HEALTH HISTORY: Please provide as much detail as possible. Our body remembers at a cellular level so no injury, illness, trauma or condition experienced is insignificant. Our adult life can still be influenced even by something that we experienced in childhood. If required, add an additional page.				
Male/Female	Age:	DOB:	Occupation:	Years:
Weight:	kg	Height:	cm	Ethnicity:
Do you smoke?	Y	N	No/per day	Alcohol?
				Y
				N
				No/per day

<b>Surgeries (no matter how old):</b> YES NO <b>What/Where:</b>  <b>When:</b>  <b>Treatment received:</b>	<b>Dislocations / Fractures / Implants / Reconstructions</b> <i>(please circle):</i> YES NO  <b>What/Where,;</b>  <b>When:</b>  <b>Treatment received:</b>
<b>High or Low Blood Pressure</b> <i>(please circle)</i>  <b>Is it managed?</b> YES NO	<b>Significant trauma</b> <i>(include any injuries/traumas you can remember even as a child)</i>
<b>Medications / Supplements</b> <i>(please circle)</i>  YES NO	<b>Pregnancy:</b> YES NO <b>No. of Children:</b> <b>Natural or C Section</b>  <b>Could you currently be pregnant?</b> YES NO

DIET & LIFESTYLE:				
Diet:	Good	Average	Poor	Recreation/sport/hobbies:
Water intake:	1-2L	2-3L	3+L / per day	



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**DESCRIBE YOUR LYMPHATIC CONDITION:**

*(Please describe what has occurred, how long you have had your condition, any surgery involved, what if anything was removed. The more information you can provide the better I can support your recovery)*

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**DO YOU HAVE ANY SCARS?**

*(NB scars are not just those we can see. Micro tears can occur from injuries like rolling your ankle, a fall where you landed on your shoulder. OR what about that time you fell over and have a tiny scar on the back of your head??? IT doesn't matter how old or new the scarring is it can have an impact long-term)*

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